

Wesleyan School and the Wesleyan Parents Club present 2006-2007

PARENT TO PARENT

“Keeping Healthy Families Healthy”

As parents we face the challenge of raising our children in a world that surrounds them with negative influences and tries to rush even the youngest of children into facing adult issues and choices. Do you ever find yourself feeling unprepared or overwhelmed as a parent? Ever wonder:

- What negative pressures and peer situations does my child really face?
- Do I know how to recognize behaviors of concern and what to do about them?
- Am I effectively communicating my family’s expectations and “rules” to my child?
- Am I doing the right things to help my child be accountable and responsible?
- Do I too often fall into common “parenting traps”?

What is Parent to Parent?

Parent to Parent is a nationally acclaimed parenting program that is designed to help parents share and learn from one another as we all strive to build healthy and strong families. Participants examine the “toxic nature” of our culture and the challenges it presents for raising kids in today’s world. Groups discuss parenting approaches that work – as well as pitfalls to avoid. This is also a valuable chance to network with the parents of your children’s peers and to gain information to respond back to your child when he/she says; “but everyone else gets to.....”.

When and Where do I take this program?

Parent to Parent is an eight hour program. Eight modules or topics are covered during the time you meet. The majority of the time is spent in lively discussion with your peers sharing information and ideas that work. Several class times and locations are offered for your convenience. Consider this time as an investment toward the health of your family and your parenting “sanity”!

Who Should take Parent to Parent?

All parents are welcome and will benefit from this program. The upper middle school parents (7th and 8th grade) are specifically encouraged to participate. Children at this age are truly starting to “step out into the world” and are exposed to many negative pressures and choices the more freedom they have. As well, all High School parents will benefit from the information shared and peer networking.

How do I Register?

REGISTER now for a session that is convenient for you. Complete the form below and return your registration to the Middle School Office. All forms must be in 2 weeks prior to the start of a class to allow for classes to be formed appropriately. Parents will be placed in their preferred class on a first-come first-serve basis. Based on registration and demand, we will attempt to add (or in some cases may need to cancel or combine) classes to assure good group sizes and dynamics.

2006-2007 PARENT TO PARENT REGISTRATION

Attach a check made payable to WPC for either: **\$20.00** (workbooks only), or **\$45.00** (workbooks and audio CD). If spouses participate together, this fee covers the cost for both. Return to **Middle School office**.

Name (list each participant): _____

Phone (home and cell): _____

E-mail: _____

Children’s names & grades: _____

Please check below the class you would like to attend (mark your first and second choices)

Sessions are limited to a maximum of 15 participants and will be filled on a first-come first-serve basis.

2006-2007 CLASSES – 4 Sessions left:

____ Friday, 8:15-10:15 (1/19, 1/26, 2/2, 2/9)

@ School

____ Sunday, 1:00-5:30 (1/21 & 1/28)

Eller’s Home FULL

____ Sunday, 1:00-5:30 (2/4 & 2/11)

Warren’s Home FULL

____ Sunday, 1:00-5:30 (3/25 & 4/1)

Hamlin’s Home

(Note: For registration questions, please email Ann Strader at awstrader@comcast.net.)

--You will be contacted prior to the start of your class to confirm all details--