

Wesleyan School









STOP
think about eating a smaller portion

SLOW
balance your meal with green choices

GO
eat all you want!

May 24 – 28, 2010 Elementary School Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> ● Chicken Noodle Soup 	<ul style="list-style-type: none"> ● Tomato Basil Soup 		<ul style="list-style-type: none"> ● Tomato soup 	
	<ul style="list-style-type: none"> ● Zesty Garden Pasta Salad 	<ul style="list-style-type: none"> ● Roasted Potato Salad 		<ul style="list-style-type: none"> ● Marinated Vegetable Salad 	
	<ul style="list-style-type: none"> ● Egg Salad 	<ul style="list-style-type: none"> ● Sliced Pepperoni 		<ul style="list-style-type: none"> ● Tuna Salad 	
	<ul style="list-style-type: none"> ● Chicken Nuggets ● Buttered Pasta ● Fresh Broccoli 	<ul style="list-style-type: none"> ● Penne Alfredo ● Honey Glazed Carrots ● Dinner Roll 	<ul style="list-style-type: none"> ● Grilled Hamburger ● Grilled Hot Dog ● Chips ● Fresh Cut Vegetables ● Cookies 	<ul style="list-style-type: none"> ● Grilled Cheese Sandwich ● Sweet Corn ● Green Beans 	
			Field Day		
	<ul style="list-style-type: none"> ● Assorted Fresh Fruit 	<ul style="list-style-type: none"> ● Assorted Fresh Fruit 	<ul style="list-style-type: none"> ● Assorted Fresh Fruit 	<ul style="list-style-type: none"> ● Ice Cream Treats ● Assorted Fresh Fruit 	

At The Salad Works salad bar a variety of prepared salads are served alongside fresh salad greens and toppings each day. SAGE's chefs offer at least six low fat, made-from-scratch salad dressings along with traditional favorites.

Seasoning Bars served daily are Assorted Fresh Fruit, Bagel Bar, Cereal Bar, and Ice Cream Treats.

At The Classic Cuts Deli® bar, a variety of cheeses, ham, turkey, and deli salads are freshly prepared each day. Students can create their own favorite sandwich.

The weekly menu is based on a four-week Master Cycle Menu, whose Spotlight dot colors have been reviewed for accuracy by SAGE's Registered Dietitian.

The Master Cycle Menu is available through your Food Service Director.