

Wesleyan School









STOP
think about eating a smaller portion

SLOW
balance your meal with green choices

GO
eat all you want!

May 24 – 28, 2010
MS/HS Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> ● Chicken Noodle Soup 	<ul style="list-style-type: none"> ● Italian Wedding Soup 	<ul style="list-style-type: none"> ● Cheesy Broccoli Soup 	<ul style="list-style-type: none"> ● Vegetable Soup 	
	<ul style="list-style-type: none"> ● Tomato Cucumber Salad 	<ul style="list-style-type: none"> ● Loaded Potato Salad 	<ul style="list-style-type: none"> ● Marinated Vegetable Salad 	<ul style="list-style-type: none"> ● Seafood Salad 	
	<ul style="list-style-type: none"> ● Egg Salad 	<ul style="list-style-type: none"> ● Sliced Pepperoni 	<ul style="list-style-type: none"> ● Smoked Deli Turkey 	<ul style="list-style-type: none"> ● Tuna Salad 	Have a wonderful summer!
	<ul style="list-style-type: none"> ● Sloppy Joe on Bun ● BBQ Chicken ● Mashed Potatoes ● Fresh Cauliflower ● Green Beans 	<ul style="list-style-type: none"> ● Hot Dog ● Vegetable Lasagna ● Potato Chips ● Sauteed Peppers and Squash ● Sweet Peas & Carrots 	<ul style="list-style-type: none"> ● Chicken Nuggets ● Italian Marinara Sauce ● Buttered Pasta ● Sweet Corn ● Fresh Vegetable Medley 	<ul style="list-style-type: none"> ● Spicy Italian Meatballs ● Sweet & Sour Chicken ● Steamed Rice ● Grilled Zucchini ● Honey Glazed Carrots 	Honors Day Programs No Breakfast Served No Lunch Served
		<ul style="list-style-type: none"> ● Hot Dog Toppings Bar 	<ul style="list-style-type: none"> ● Chicken Nugget Dipping Sauces 		
	<ul style="list-style-type: none"> ● Assorted Fresh Fruit ● Chocolate Mousse 	<ul style="list-style-type: none"> ● Assorted Fresh Fruit ● Rice Krispy Treats 	<ul style="list-style-type: none"> ● Assorted Fresh Fruit ● Vanilla Pudding 	<ul style="list-style-type: none"> ● Assorted Fresh Fruit ● Ice Cream Treats 	

At The Salad Works salad bar a variety of prepared salads are served alongside fresh salad greens and toppings each day. SAGE's chefs offer at least six low fat, made-from-scratch salad dressings along with traditional favorites.

Seasoning Bars served daily are Assorted Fresh Fruit, Bagel Bar, Cereal Bar, and Ice Cream Treats.

At The Classic Cuts Deli® bar, a variety of cheeses, ham, turkey, and deli salads are freshly prepared each day. Students can create their own favorite sandwich.

The weekly menu is based on a four-week Master Cycle Menu, whose Spotlight dot colors have been reviewed for accuracy by SAGE's Registered Dietitian.

The Master Cycle Menu is available through your Food Service Director.