

Wrestling II Camp
June 11th – 14th (Mon-Thurs)
9:00 – 3:00
Rising 6th - Rising 12th
Hoover Mezzanine
\$150.00/child

Coach: Jeff Plunk
jplunk@wesleyanschool.org

This wrestling camp is for wrestlers at all levels. Wesleyan coach Jeff Plunk welcomes several elite instructors including 4-time All American Brian Snyder, and 2-time All American Scott Hovan. All wrestlers will improve their wrestling technique from all three positions: neutral, top, and bottom. Because of the numerous instructors working the camp, there will be opportunities for wrestlers to develop specific skills depending on their level and experience. We will also cover several pinning combinations, and there will be time for the campers to wrestle live to test their new skills. This camp is perfect for wrestlers who want to improve their skills and become their absolute best.